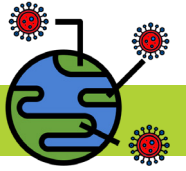




PROTECT YOURSELF AND OTHERS AGAINST THE CORONAVIRUS (COVID-19)

Your health and safety is our priority



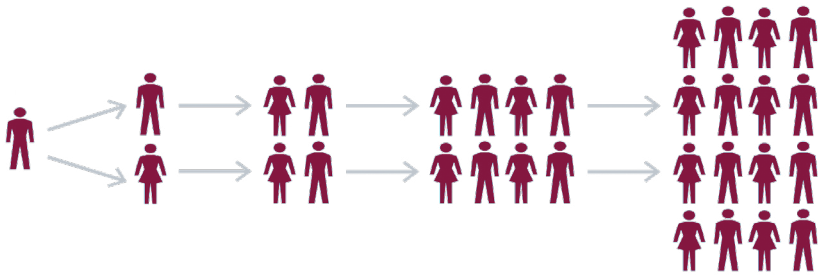
What is the Coronavirus (COVID-19)?

Coronavirus, also known as COVID-19, is a **very dangerous** virus. Why? It is easily transmitted and has affected millions of people around the world. Many have become ill or died in a very short time. For this reason, it is considered a **pandemic**.

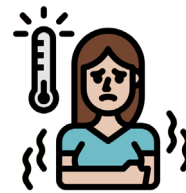
How does the virus spread?

What are the symptoms?

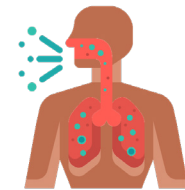
Coronavirus is transmitted easily and quickly, just like pests in the field.



It spreads when someone sneezes, coughs, shakes hands or gets close to another person. Even people with no symptoms can transmit the virus.



Fever



Shortness of breath



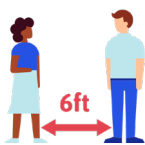
Cough

REFLECT: How can we work together to make sure we keep a safe and necessary distance in the workplace?

What can you do to protect yourself (and protect others)?



Wash your hands frequently, for at least 20-30 seconds, and use hand sanitizer.



Keep your distance at least 6 feet away from other people.



Disinfect your telephone, tools and equipment and **don't share** them.



Seek medical attention if you have symptoms like difficulty breathing, chest pressure or pain, or confusion.



Cover your nose and mouth when you cough or sneeze. **Don't touch** your face.



Use disposable gloves, face covers and personal protective equipment.



Disinfect all surfaces frequently. **Inform** a supervisor if bathroom facilities are not stocked, cleaned and sanitized.



Stay home if you feel sick. **Protect** yourself, your family and your coworkers.

Collaboration

Collaboration between managers, supervisors and workers is the key. **Everyone's participation** is necessary to prevent this dangerous disease

- Take preventive measures and encourage others to do the same.
- Contribute your knowledge, suggestions and ideas.



It's up to all of us to reduce the risk. Together, we can do it!